



Ontario Professional Fire Fighters Association

An Association Run for and by the Membership



January 18, 2010

Attention All OPFFA Locals

OPFFA Cardiovascular Heart Screening Program

Dear Brothers & Sisters:

I had the opportunity just prior to the holiday season to meet with Dr. Arif Naqvi who is a cardiologist. Dr. Naqvi contacted me about the potential of developing a cardiac screening program for Ontario's professional fire fighters.

This is an exciting opportunity to continue the efforts of the OPFFA and our Occupational Disease Committee regarding prevention of occupational disease within our profession.

Dr. Naqvi who currently works in the DUA Cardiac Clinic in Scarborough has offered the time of his staff at the clinic to get this program off the ground. Initially we are looking for 200 fire fighters who are willing to attend the Scarborough Clinic to be screened. The goal of this program is to provide this service to a sector with higher probability of cardiac events. The results will assist in the development of a proper screening program. The aim is to secure sites across Ontario and Dr. Naqvi is currently recruiting other Doctor's to volunteer their time for this program in their respective locations.

Enrollment for this initial screening program is simple and does not require your Doctor's referral. ***All information remains confidential between you and the cardiologist.***

If you are interested in this unique opportunity please review the details listed below.

I will be participating in this program and encourage you to share this important information with your members so they can take advantage of this unique opportunity. We are hopeful that Dr. Naqvi and Dr. Verma (Chair of Heart Care Canada) will attend our convention in June to provide an overview of the initial results and next steps in this program.

Should you have any questions do not hesitate to contact me.

Fraternally,

Fred LeBlanc,
President

The following information has been provided by Dr. Naqvi.

Studies have shown firefighters to be at increased risk for coronary disease. DUA Cardiac Networks will provide Ontario firefighters access to a cardiac screening program.

Enrollment in the program requires a few basic steps:

- Booking an appointment with DUA Cardiac Networks at the Corporate Office located in Scarborough via phone/email
- Pre-testing one week before the appointment with laboratory tests including: 12-hour Fasting Lipid Profile (total cholesterol levels on a fasting basis)
- Attending for the Cardiac Risk Assessment

Cardiac Risk Assessment appointment

- Register upon arrival. A valid Ontario Health Insurance card will be necessary to register.
- A screening attendant will do an evaluation with a questionnaire and populate a Risk Score
- Analysis of the results, outcome of the Score achieved will be discussed. If the result is low probability for developing cardiovascular disease, instructions on personalized preventive measures will be provided and instructions for follow up will be provided.
- If the result is moderate-high probability for developing cardiovascular disease a consultation with a Cardiologist will be arranged at the same visit

“Early awareness is the key to management of Cardiovascular Heart Disease”

Call or email today to book your Cardiovascular Risk Assessment appointment

DUA Cardiac Networks Cardiovascular Disease Screening Clinic
2130 Lawrence Avenue East, #309
Scarborough, Ontario
M1R 3A6

Central Booking Line 1 877 755 7548
Email: cvdscreening@duacardiac.com